



# The In it Together Club



An evening for  
young adults with  
support needs  
and those leaving  
school

The club runs on Wednesday  
evenings from 7pm until 9pm

School term time only

**£3 Subscription required.**

**[www.glachbeg.org.uk](http://www.glachbeg.org.uk)**

Allanglach Wood, North Kessock, Ross-shire IV1 3XD  
Tel.01463 811923 e-mail [info@glachbeg.org.uk](mailto:info@glachbeg.org.uk)  
Grid ref. 626503 - between Tore and Artafallie

- At the In It Together Club we meet our friends
- We play games.
- Sometimes we cook and eat a meal together. (Yummy Curry)
- We have a tea break and eat delicious home baking.
- We can use the farm to learn about animals and the countryside.
- In the Spring we can feed the lambs.
- We can help put the chickens and ducks to bed.
- We always have a good laugh
- We listen to lots of types of music and sometimes have a live band.
- We have Christmas and end of term parties and always celebrate members birthdays.
- We tell each other about our interests and give presentations.
- We have been to visit Horses, and been on a fast boat ride to see Dolphins.
- We can play snooker, table tennis and board games.
- We've been line dancing, modern dancing and keep fit.

This is what some of the “ members” have to say:

- “This is where my friends are.” - Mary
- “I love Baking” - Peter.
- “It’s a good club where we can do lots of things and you don’t have to stop coming here when you are 25 “ – Dean
- “I like playing with the sheepdog”- Andrew
- “The best bit is the tea and cake and just everyone being together”- Support Worker
- “It’s nice to socialise in somewhere nice and relaxing”- Ceitidh.

We are encouraging the members to invite guests to share things with us. If you have received this as a part of your invitation , please ring or e-mail Bob or Helen at Glachbeg to confirm dates, answer questions etc.

The building is fully accessible . Access around the outdoor areas is variable depending on weather. It can be particularly muddy by gateways. Some areas can be difficult to access by all in prolonged wet weather. There is a full access statement available.

Glachbeg is a small farm on the Black Isle whose purpose is to support adults and children in their learning. The "croft" is on 13 acres and farms Shetland Cattle and sheep. It also farms free range hens, and produces soft fruits, top fruits and vegetables. Some vegetables are grown outdoors, others in a polytunnel.

Bob and Helen who run the centre with their family have had considerable experience in working with young people and community groups through work in schools and with City Farms.

**Please note the club is voluntary for all and there are no staff employed so we cannot provide care. A carer must accompany anybody who needs support**

## Glachbeg Croft Education Centre also provides:

- Day programmes for schools
- Programmes for community groups
  - Individual Child placements
    - Adult placements
- Rehearsal and Recording facilities
  - Meeting space
- Art/ Craft workshop space
  - Small conferences
  - Adult courses
- School holiday activities
  - Open days
- CPD training for teachers
- Local produce from our garden
  - Beef from Shetland cattle
  - Lamb from sheep
  -

Please enquire

